



Dear _____

Patient name _____

Please evaluate our patient for any form of Sleep/Airway Disordered Breathing. Early intervention in treating these children with sleep/airway disturbance, can also prevent problems with attention, emotional control and other cognitive abilities.

Existing Findings

Obstructed Nasal airway-deviated, turbinates swollen, nasal valve stenosis, narrow/retruded
Enlarged Tonsils
Pharyngeal Grade
Enlarged Uvula/long soft palate
High or Narrow Palate
Crossbite
Malocclusion

Short Lingual Frenum
Scalloped Tongue
Tongue Tie
Retrognathic Mandible (Class 2)
Retrognathic Maxilla (Class3)
Malampatti Score >3
Large Neck Size
BMI-obesity
Mouth Breather
Severe Teeth Wear

Existing Medical Findings

ADHD
Multiple Ear infections
Allergies
Autism
Hearing Impairment
Asthma
Acid Reflux

Other Attached Records

CBCT or Ceph
Video of snoring
Photographs
Cardiopulmonary Coupling Readings
High Resolution Pulse Ox
HST
Airway Questionnaire
Office Medical History

Please Return with Mark Recommended Evaluation

Sleep Evaluation by Pediatric Sleep Center
Adenotonsillectomy
Medical therapy (topical or systemic anti-inflammatory drugs)
Nasal CPAP or BiPAP (before or after surgery depending on residual disease)
Dental Evaluation and Orthodontic Treatment via Functional Oral Appliances/Rapid Palatal Expansion/Surgery
Frenum Release (labial and/or lingual)
Myofunctional Therapy- Oropharyngeal exercises
Correction of Deviated Septum, Enlarge Turbinate, Collapsed Nasal Cartilage

Maria Pia Villa. Multi-therapeutic Stepwise approach to the phenotypes of pediatric Obstructive Sleep Apnea

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